



coach.ca

National  
Coaching  
Certification  
Program



Programme  
national de  
certification des  
entraîneurs

## Goals of the Course



Active Start  
Stream

## Goals of this clinic

This clinic has been designed for the community coach and parent in soccer who is working with children in the Active Start stage. The objective is to assist a coach/parent, regardless of prior soccer background, to gain the knowledge required to work with children in order to facilitate their soccer development. The goals of this workshop are to help prepare you to do some of the things that will be required of you as an Active Start coach and parent. We will focus on the following:

- To provide information on Canadian Soccer Association's Long Term Player Development model "Wellness to World Cup"
- To introduce the concept of physical Literacy
- Provide you with some information to help you understand the development stage of the children you are working with.
- Show you how to plan your sessions considering the development stage of the children you are working with.
- Consider the safety factors involved in running a session
- Show you how to manage your sessions using appropriate content
- Provide you with a resource that you can use to plan your sessions this summer
- Provide you with advice you can use to work with players and parents in this stage

